



# POLSKI ZWIĄZEK ZAPAŚNICZY

## FEDERATION POLONAISE DE LUTTE

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### INVITATION

**The Polish Wrestling Federation has a great pleasure to invite you for the  
XIII International Tournament "Poland Open - Warsaw Cup"  
13-14 August 2009  
Senior - Female Wrestling**

#### **I. GENERAL INFORMATION**

- Organizer:** The tournament will be organised by the Polish Wrestling Federation  
tel/fax (0048 22) 624-01-69 e-mail: [pol@fila-wrestling.com](mailto:pol@fila-wrestling.com) or [pzz@zapasy.org.pl](mailto:pzz@zapasy.org.pl),  
WKS Gwardia Warszawa and Warszawsko-Mazowiecki Okręgowy Związek  
Zapaśniczy according to FILA Rules.
- Date:** 13-14 August 2009
- Place:** TORWAR II, St. Łazienkowska 6a, Warsaw

#### **II. PARTICIPATION**

1. Preliminary entries: not later than June 30<sup>th</sup> 2009
2. Entries by name: not later than July 20<sup>th</sup> 2009
3. The final entries: not later than 3 hours before weighting

#### **III. TECHNICAL ORGANISATION**

1. The competition will be held in the following weight categories: 48, 51, 55, 59, 63, 67, 72kg.  
The weight tolerance is 2 kg.
2. Three (3) mats will be used for the competition.
3. Each wrestler must have a valid FILA licence.

#### **IV. AWARDS**

The Organising Committee will be in charge of individual awards for each weight category.  
For I place - financial prize and for II-III places - prize gifts.

#### **V. FINANCIAL CONDITIONS**

1. Accommodation from 12<sup>th</sup> August 2009 to 15<sup>th</sup> August (breakfast) 60€/person per day
2. A delegation, whose preliminary entry does not correspond to the invitation till 30<sup>th</sup> June 2009, as well delegations or persons staying longer than scheduled, each person will pay 80€/person per day.  
Leaders of the delegations must fulfil their financial obligations just after arrival.

## VI. ACCOMMODATION - MEALS - TRANSPORT

1. Accommodation and meals for wrestlers and coaches will be ensured by the Organising Committee. The reception will be situated in HOTEL NOVOTEL St. 1 Sierpnia 1, Warsaw
2. All delegations must make transport arrangements from their country to Warsaw and back at their cost. The Organising Committee will ensure the local transport from the airport (in Warsaw) or the railway station in Warsaw ("Dworzec Centralny") and the competition place to the hotel and back, to all participants.

## VII. PROGRAMME

<b>Wednesday 12<sup>th</sup> August 2009</b>	till 15.00	Arrival of delegations – Hotel Novotel, St. 1 Sierpnia 1, Warsaw
	16.00-17.00	Clinic for referees
	till 17.00	Final entries for: 48kg, 55kg, 63kg, 72kg
	17.00-17.30	Technical Conference
	17.00-18.00	Medical Control for: 48kg, 55kg, 63kg, 72kg
	18.00-18.30	Weighting for: 48kg, 55kg, 63kg, 72kg
<b>Thursday 13<sup>th</sup> August 2009</b>	9.00-14.00	Elimination matches (48kg, 55kg, 63kg, 72kg)
	till 12.00	Final entries for: 51kg, 59kg, 67kg
	13.00-14.00	Medical Control for: 51kg, 59kg, 67kg
	14.00-14.30	Weighting for: 51kg, 59kg, 67kg
	16.30-18.00	Repasages: 48kg, 55kg, 63kg, 72kg
	18.00-19.00	Opening Ceremony
	19.00-21.00	Final rounds: 48kg, 55kg, 63kg, 72kg
<b>Friday 14<sup>th</sup> August 2009</b>	9.00-13.00	Elimination matches: 51kg, 59kg, 67kg
	15.00-16.00	Repasages: 51kg, 59kg, 67kg
	16.00-18.00	Final rounds: 51kg, 59kg, 67kg
	20.00-21.30	Banquet
<b>Saturday 15<sup>th</sup> August 2009</b>	After breakfast	Departure of delegations

The correspondence relating to the tournament must be sent to:

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